

GETTING IT ALL DONE IN A 24/7 WORLD

Do you often wish there were more than 24 hours in each day?

A fresh look at the age-old problem—we all get just 24 hours in each day. Join us to master the art of *real time* management. Discover your brain style and how it affects your perception of time. Boost your effectiveness no matter what calendar system you use. Walk away with enough tips to save an hour a day!

- Master Forbes' *best practice* CEO time management guidelines.
- Create your Personal Best *Power Hour* to excel in your activities.
- Save an hour a day on activity management no matter what software you use.

"Extremely profound presentation! Dynamic delivery. Information I can definitely apply to all aspects of my life."

Kent Scott, Cartwright Hotel

Ms. Abbott's clients range from S. C. Johnson & Son, Inc. to Genentech and include Nixon Peabody, LLP and Bank of America as well as countless professionals.

Contact Ms. Abbott when you are ready for each team member to save 20 hours a month -- time they put back into their jobs. You don't spend more on technology and they don't work longer days!



**AUTHOR, SPEAKER
AND PEOPLE
PRODUCTIVITY
EXPERT**

ABOUT EVE ABBOTT WITH A BRAIN NEW WAY TO WORK

Since 1988, Eve Abbott has pioneered brain-based productivity systems for executives and entrepreneurs. Teams can work 25% more effectively while reducing everyone's stress, through her lively seminars and consultations.

Ms. Abbott is the author of *How to Do Space Age Work with a Stone Age Brain™*. Says Jeffrey Fox, the bestselling "Rainmaker" author, "If Time is Money, then Eve's books and trainings will make you lots of money."

Eve earned her degrees in Sociology and Psychology from the University of California and holds a Lifetime Adult Teaching Credential. Ms. Abbott is a popular guest on TV and Radio. Her expertise appears in The New York Times and the nationwide Business Journal's 'Business Wise' column.