

GETTING IT ALL DONE IN A 24/7/365 WORLD

Do you often wish there were more than 24 hours in each day?

A fresh look at the age-old problem -- we all get just 24 hours in each day. Join us to master the art of reverse priorities and learn the cornerstones of *real time* management. Boost your day-to-day effectiveness no matter what calendar system you use.

- Use *reverse prioritization* to improve your workday.
- Create your Personal Best Power Hour to *excel* in your activities.
- Transform your relationship to time with your unique brain style.

"Extremely profound presentation! Dynamic delivery. Information I can definitely apply to all aspects of my life." **Kent Scott, Cartwright Hotel**

Ms. Abbott's clients range from S. C. Johnson & Son, Inc. to Hewlett Packard and include Nixon Peabody, LLP and Bank of America as well as countless professionals.

Contact Ms. Abbott when you are ready for each team member to save 20 hours a month -- time they put back into their jobs. You don't spend more on technology and they don't work longer days!



**AUTHOR, SPEAKER,
& CONSULTANT**

ABOUT EVE ABBOTT, PEOPLE PRODUCTIVITY EXPERT

Since 1988, Eve Abbott has pioneered productivity systems for executives and business owners so their teams can work 25% more effectively while reducing everyone's stress. Her Performance Tune-Ups combine workshops and hands-on consultations.

Ms. Abbott is the author of *A Brain New Way to Work™*. Says Jeffrey Fox, the bestselling "Rainmaker" author, *"If Time is Money, then Eve's books and programs will make you lots of money."*

Eve earned her degrees in Sociology and Psychology from the University of California and holds a Lifetime Adult Teaching Credential. Ms. Abbott is a popular guest on TV and Radio and her expertise appears in The New York Times and the Silicon Valley Business Journal.