

# HOW TO DO SPACE AGE WORK WITH A STONE AGE BRAIN™

## *Save an Hour a Day by Overcoming e-mail Overload*

Eve Abbott shares new discoveries about the human brain so your team gets better results, with less stress. Ms. Abbott's interactive program is loaded with proven tips to save your team an hour a day to put back into e-mails, phone calls and just plain work!

"I've always thought I was organized - until I came to this event. The 'task folder' tip alone will be of great help!" **Mary Anne Wood, Manager, Safeway Corporate**

### Join Us for a Personal Performance Tune Up:

- Master e-mail tips that will *save you an hour a day*: so you invest more time in keeping your customers (and boss!) happy.
- Discover your personal best brain-style (Visual, Auditory & Kinetic) and reduce visual and mental fatigue (*and mistakes*) while computing.
- Get a real edge up on brain-based misunderstandings in all your business communications, especially e-mail.

Ms. Abbott's clients range from **S. C. Johnson & Son, Inc.** to **Hewlett Packard** including **Nixon Peabody, LLP** and **Bank of America** as well as countless professionals.

Contact Ms. Abbott when you are ready for each team member to save 20 hours a month -- time they put back into their jobs. You don't spend more on technology and they don't work longer days!



**Author, Speaker & People Productivity Expert**

### About Eve Abbott and A Brain New Way to Work

Since 1988, Eve Abbott has pioneered in developing brain-based productivity systems for executives, managers and business owners. Teams learn how to work together at least 25% more productively through her lively programs and hands-on consultations.

Ms. Abbott is the author of, *How to Do Space Age Work with a Stone Age Brain™*. Says Jeffrey Fox, the bestselling "Rainmaker" author, "*If Time is Money, then Eve's books and trainings will make you a lot of money.*"

Eve earned her degree in Sociology and Psychology from the University of California and holds a Lifetime Adult Teaching Credential. She is a popular guest for lively TV and Radio interviews.

Eve writes the Business Wise column for the nationwide Business Times and her expertise appears in The New York Times and Silicon Valley Business Journal.