

## A BRAIN NEW WAY TO WORK™ SERIES

### *Overcoming Email Overload*

Eve Abbott shares new discoveries about the human brain so your team gets superior email communication results, with less stress. A program loaded with proven best practices for powering up individual email management. Your team can put all the time saved back into e-mails, phone calls and project work!

*"I've always thought I was organized - until I came to this event. The 'task folder' tip alone will be of great help!"* Mary Anne Wood, Manager, Safeway Corporate

#### Join Us for a Personal Performance Tune Up:

- Master Outlook techniques that will *save you an hour a day*: so you invest more time in keeping your customers (and boss!) happy.
- Discover how to use your personal best brain-style (Visual, Auditory & Kinetic) to improve communications and reduce mistakes via email.
- Gain a real edge on brain-based misunderstandings in all your business communications, especially email.

Ms. Abbott's clients range from S. C. Johnson & Son, Inc. to Hewlett Packard including Nixon Peabody, LLP and Bank of America as well as countless professionals.

Contact Ms. Abbott at (510) 384-6090 when you are ready for each team member to save 20 hours a month, time they put back into their jobs. You don't spend more on technology and they don't work longer days!



#### Introducing Eve Abbott, *A Brain New Way to Work™*

Since 1988, Eve Abbott has pioneered brain-based productivity systems for executives and entrepreneurs. Teams learn how to work together at least 25% more productively through her interactive programs loaded with tips.

Ms. Abbott is the author of, *A Brain New Way to Work™* and *How to Do Space Age Work with a Stone Age Brain™*. Says Jeffrey Fox, bestselling "Rainmaker" author, "*If Time is Money, then Eve's books and programs will make you lots of money.*"

Author,  
Speaker  
& People  
Performance  
Expert

Eve earned her degree in Sociology and Psychology from the University of California and holds a Lifetime Adult Teaching Credential. She is a popular guest for lively TV and Radio interviews. Eve writes the Business Wise column for the nationwide Business Times and her expertise appears in The New York Times and Silicon Valley Business Journal articles.